

Our Services

Pre and Post Surgical Care



Preparation in advance of surgery and physiotherapy afterwards can speed your rehabilitation and return to your normal level of activity.

In advance of surgery, we will advise you on what to expect and take steps to ensure the quickest possible recovery. Afterwards we will work in conjunction with your physician to ensure your condition is managed to ensure your complete recovery.

Physiotherapy has been found to be particularly effective before and after joint replacement surgery, rotator cuff repairs, and spinal surgery, among others.